

Helping to minimise the risk of skin tears

A skin tear is a traumatic wound which results in the separation of the skin layers. Skin tears can affect people of all ages, but they commonly occur on the hands, arms and legs of older people with fragile skin. Skin tears can lead to ulcers, prolonged hospital stays, infection and distress for the patient; impacting their quality of life.¹

People over 65 years old are at higher risk.² when skin becomes dryer as sebaceous and sweat gland activity is reduced,¹ and certain medications, including cholesterol lowering drugs, reduce moisturising ability.³

The most common causes of skin tears are:⁴

- Blunt trauma
- Dressing/treatment related
- Falls
- Patient transfer
- Daily living activities
- Equipment injury (i.e. wheelchair, bed etc.)

Skin tears can be very painful to the patient and can require lengthy treatment, including up to daily wound dressing changes and care.⁵ Skin tears are also considered largely preventable in older adults.⁴

QV Skin Lotion has been shown to
reduce the incidence of skin tears
in the elderly population by

53%^{6,*}



*When compared with retrospective survey data of a similar population.



**ORIGINALLY DEVELOPED FOR
QUEEN VICTORIA HOSPITAL**



**DERMATOLOGICALLY
TESTED**



**SCIENTIFICALLY
FORMULATED**

Partner with Ego to maintain skin health



QV's scientifically formulated products can maintain skin and help reduce the risk of skin tears.

1 Cleanse with QV Gentle Wash

- ✓ Contains 15% glycerin
- ✓ Cleanses without drying out the skin
- ✓ pH balanced
- ✓ Soap-free

2 Moisturise twice daily with QV Skin Lotion

- ✓ Triple moisturising system
- ✓ 24 hour hydration
- ✓ pH balanced
- ✓ Formulated to mimic how healthy skin naturally moisturises itself



Benefits for patients:

- ✓ Non-drying
- ✓ Low irritation potential
- ✓ Suitable for use with eczema, dermatitis, psoriasis, dry, and very dry skin
- ✓ Non-soap surfactants clean without drying
- ✓ Added humectant (glycerin) helps hydrate the skin



Benefits for patients:

- ✓ Helps seal in natural moisture
- ✓ Suitable for use with eczema, dermatitis, psoriasis, dry, and very dry skin
- ✓ Helps prevent and relieve dry skin

Available in: 350g, 500g and 1Kg

Ingredients: Aqua (Water), Glycerin, Sodium Lauroyl Sarcosinate, Disodium Cocoamphodiacetate, Lauryl Betaine, Sodium Cocoyl Isethionate, Acrylates/C10-30 Alkyl Acrylate Crosspolymer, Styrene/Acrylates Copolymer, Aminomethyl Propanol, Methylparaben, Propylparaben.

Available in: 250mL, 500mL and 1L

Ingredients: Aqua (Water), Glycerin, Petrolatum, C12-15 Alkyl Benzoate, Cetearyl Alcohol, Cetearth-20, Dimethicone, Steareth-2, Glyceryl Stearate, Methylparaben, Dichlorobenzyl Alcohol, Ethylparaben, Ammonium Acryloyldimethyltaurate/VP Copolymer

References: 1. LeBlanc K et al. Best practice recommendations for the prevention and management of skin tears in aged skin. Wounds International 2018. [Cited on 21st January 2020 <https://woundsinternational.com/wp-content/uploads/2023/02/085aa82de6f9383340ed14a2d2eda3a1.pdf>] 2. Holmes RF, Davidson MW, Thompson BJ, Kelechi TJ. Skin tears: Care and management of the older adult at home. Home Healthc Nurse 2013;31(2):12. 3. Davila C. Statins and the skin. Ther Pharmacol Clin Toxicol 2011;15(2):98-104. 4. LeBlanc K, Baranoski S. Skin tears: state of the science: consensus statements for the prevention, prediction, assessment, and treatment of skin tears. Advances in Skin & Wound Care. 2011;24:2-15. 5. Baranoski S. How to prevent and manage skin tears. Adv Skin Wound Care. 2003;16(5):268-70. 6. Finch K. Skin Tear Prevention in Patients over 65 years of Age in a Hospital setting. Podium Presentation. Australian Wound Management Association, National Conference 2014. 7. Unpublished data. Ego Pharmaceuticals would like to thank Karen Finch, the Gallipoli Medical Research Foundation and the Wound Management CRC for making this data available to us. *When compared with retrospective survey data of a similar population.



**SUITABLE FOR USE
WITH ECZEMA PRONE SKIN**



**FREE FROM
COMMON IRRITANTS**