The worldwide introduction of the new ENFit connector will reduce the risk of enteral tube feeding misconnections and improve patient safety throughout hospitals around the globe.
Enhancing patient safety

ENFit - The NEW international design standard for enteral tubing connectors is being launched as part of a phased initiative called ‘Stay Connected’.

Stay Connected is led by an international group of clinicians, manufacturers and regulators, who together developed ISO 80369. This standard establishes requirements for small-bore connectors for liquids and gases, making it difficult, if not impossible, for unrelated delivery systems to be connected.

The introduction of this standard will mark a new milestone in the global effort to improve patient safety, starting with enteral feeding systems. In an interim step toward enhancing patient safety during the ISO process, UK manufacturers met the customer demand for a safer connector with a reverse Luer system. However, since Luer lock connectors are specific to the UK, with increasing patient mobility and portability, a single global solution is required to ensure patient safety and prevent either a misconnection or no connection.

The new ISO standard connector system—called ENFit—will replace the reverse Luer connector systems in the UK, to ensure one global enteral connector. The ENFit connector will look very similar to the existing connector, however the bore size is slightly larger.

Medicina is a Charter Member of GEDSA


“a single global solution is required to ensure patient safety and prevent either a misconnection or no connection.”
The new ISO 80369-3 standard connector provides a simple way to reduce the risk of enteral tube feeding misconnections and improve patient safety.

The new connector:
- Addresses “patient side” connections between feeding tubes, administration sets, medication, flush and bolus feeding syringes and other enteral devices.
- Passes a rigorous validation process including computer aided design (CAD), human factors and usability testing as part of the pathway to ISO standards.

The new standard connector has a unique enteral-specific design that:
- Does not allow connectivity with any other connector for any other clinical use.
- Provides a locking feature that signals the appropriate connection and stays in place.
- Has a female connector end for any administration sets and syringes that fit into a male patient-access feeding tube port.

There is just one standard nutrition formula connector that will be utilized by all feeding set manufacturers and universally adopted into practice.
Medicina new enteral feeding system

The new ENFit ISO Standard range of enteral syringes has been developed to deliver enteral feeds, medicines and flushes safely to neonatal, paediatric and adult patients.

The syringes, tubes and accessories are all fitted with an ENFit connector and coloured purple to clearly differentiate the enteral feed lines from the other patient access lines. The ENFit connector will not fit intravenous equipment and eliminates the risk of harm to patients from accidental misconnections. In addition the use of a standard ENFit connector will allow the syringes to be connected and used with all other enteral equipment without the use of adapters.

This system of safety syringes and accessories provides a “hospital wide” solution for safer enteral access because all the components are compatible with all other enteral feeding systems used within the hospital. A compatible and complimentary home feeding system is also available ensuring a smooth transition from hospital to home. Significant cost advantages can be gained by the use of all the components of these systems. All the hospital products are sterile and single use only.

“Significant cost advantages can be gained by the use of all the components of these systems.”
Patients

Firstly we would like to focus on particular patient groups in the hospital to understand their feeding and medication needs and show how the components of this syringe feeding system can be used to aspirate and safely deliver feeds, flushes and medicines to all hospital patients.

Neonates

The new ENFit ISO Standard syringe feeding system has all the necessary devices to feed babies safely.

ENFit syringes provide the widest internal tip diameter, which gives a better flow for the delivery of gravity or bolus feeds. Oral syringes and non-Luer syringes can only deliver gravity feeds very slowly because the feed has to pass through a very narrow syringe port. ENFit syringes also produce lower delivery pressures for medications. It is not simply by chance that the ENFit design has been chosen for ISO 80369-3.

All the necessary feeding tubes, low volume extension sets and other accessories like drainage bags are available to feed and aspirate all sizes of babies. Medicina is the only company in Europe that makes all the components necessary to safely feed and administer medicines to babies in the department of neonatal care.
Paediatric and adult patients

The Medicina enteral syringe system can be used safely to feed, flush and deliver enteral medicines to all types of patients. All patients can be at risk from the harm caused by misconnections of enteral feeds to intravenous devices.

Children needing enteral nutritional support are usually pump fed but some smaller children and some patients fed by pump overnight also use bolus or gravity feeds. The larger syringes can be used to gravity feed either directly into the tube or using the extension set. Feeding containers can be accessed by using the milk straw. The smaller syringes can be used to deliver feeds into the tubes or directly into pump administration sets.

Medicines can also be delivered using the smaller syringes into the feeding devices.

Adults are also often pump fed but it is important to maintain the patency of the enteral feeding device by flushing. All enteral devices should be flushed at least every six hours and also before and after medicines to prevent any drug-feed interaction. The smaller syringes are also used to deliver medicines accurately and safely into enteral feeding devices. It is also important to confirm the correct position of enteral feeding devices and the syringes are very useful for aspiration to check position with universal pH indicator strips.
Feeding tubes

Medicina has several ranges of feeding tubes for both short and long term indications.

The most popular tubes are designed to feed patients for short periods. There are also long term tubes with guidewires and wider bore tubes for aspiration. In addition there are several specialist nasojejunal tubes and double lumen feeding and aspiration tubes including a Replogle tube.

<table>
<thead>
<tr>
<th>nasogastric tube priming volumes</th>
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</thead>
<tbody>
<tr>
<td>diameter</td>
</tr>
<tr>
<td>----------</td>
</tr>
<tr>
<td>4FR</td>
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<tr>
<td>5FR</td>
</tr>
<tr>
<td>6FR</td>
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<tr>
<td>8FR</td>
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<tr>
<td>10FR</td>
</tr>
</tbody>
</table>

Short term

The short term tubes are mainly used in neonates and children but can be used in adults who need short term enteral support.

The tubes are used to feed, flush and deliver medicines. The tubes have an ENFit connector which fits ENFit syringes and administration sets. The tubing itself is smooth and carries distance marks to reference tube position. All tubes have a radiopaque stripe to confirm position with X-ray.

These tubes are made of polyurethane in a wide range of sizes. The radiopaque stripe is 40% Barium Sulphate and makes up 20% of the tube diameter so that all tubes show up clearly on X-ray. Additionally there are some specialist nasojejunal tubes and double lumen feeding and aspiration tubes including a Replogle tube.
Long term

These tubes are polyurethane with guidewires and are used longer term to feed adults and children.

Some popular sizes in 8FR and 10FR are also available weighted. Typical users would be critical care areas, medical and care of the elderly units, paediatric units and also community patients. The tubes have an ENFit connector which fits Medicina syringes and the female ends of pump administration sets. They also have an ENFit guidewire holder allowing aspiration to confirm correct position using Medicina syringes. The tubing itself is smooth and carries distance marks to reference tube position. All tubes are fully radiopaque (40% Barium Sulphate compounded into the tube), to confirm position with X-ray or a pH strip can be used.

Short term wide bore

These tubes are polyurethane and available from 6FR - 20FR diameters with a length of 100cm.

These tubes are used to aspirate and feed adults and children. Typical use would be in intensive care, high dependency units, theatres, crash trolleys and surgical wards. The tubes have an ENFit connector which fits Medicina syringes. In addition they have a funnel or bladder type connector to fit suction equipment. The tubing itself is smooth and carries distance marks the full length of the tube to reference tube position. All tubes have a radiopaque stripe to confirm position with X-ray. These tubes are softer and smoother than normal PVC Ryles type tubes and are easier to pass and more comfortable for the patients.
Accessories

Medicina has put together the largest range of accessories to help with the delivery of feeds and medicines using the ENFit syringe feeding system.

There are straws, caps, bottle adapters, sets and a wide variety of small but important accessories to help with the access of enteral equipment. Several long and short extension sets with and without Y-sites are available which are used to connect between the feeding container or syringe and the nasogastric tube.

Medicina has developed a range of drainage bags with compatible connectors to allow gastric drainage from nasogastric tubes or other devices.

There are also several bottle and container adapters to help access medicine containers and feed containers. Also available are several press-in tamper-proof bottle adapters to access medicine containers. There are also some bottle adapters with straws which can be used with larger bottles to prevent having to invert heavy medicine bottles.

A dedicated Medicine needle is available which can access multi dose vials with the rubber bung type cap. A filter needle is also available to filter out any possible glass particles when medicines arrive in glass ampoules.

A specialist Surfactant administration kit is also available for the drawing up and delivery of surfactant in babies.

The largest range of accessories to help with the delivery of feeds and medicines using the ENFit syringe feeding system
Connections

Priming connections

It is normal practice, with I.V. fluids, to prime the syringe and connectors with fluid to exclude air. This is not necessary with enteral connections.

Enteral connections

It is important that enteral connections are not primed with feed or thick medicines as it can be difficult to separate the connections. The threads can sometimes become clogged with feed and debris.

Flushing connector threads

It is also good routine practice, following feeds or the delivery of medicines, to flush the inside threads of the connector of Medicina NG tubes. This will prevent any disconnection problems.

Priming Medicina enteral connections

It is therefore recommended that feeding tubes, lines and enteral syringes are only primed up to but not including the connection. The connection is left full of air which is not a problem for enteral nutrition. In this way the internal threads of the ENFit connector do not become clogged with feed or medicines.

Making connections

When making connections to ENFit it is only necessary to tighten the connection by one quarter turn.

This will provide a good seal and will allow simple disconnection.
Adapters

The change to ISO 80369-3 ENFit connector will mean that users will have to run down stocks of ‘old’ product before moving to the ENFit system.

During this transition period Medicina will be supplying a range of transitional adapters to help ensure feeding can continue to take place and to allow better inventory management to avoid waste.

The following adapters are available:

**UK**

<table>
<thead>
<tr>
<th>Adapter Description</th>
<th>Adapter Code</th>
<th>Additional Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>‘Old’ Reverse Luer Tube</td>
<td>TA01</td>
<td>New ENFit Syringe</td>
</tr>
<tr>
<td>New ENFit Tube</td>
<td>TA02</td>
<td>‘Old’ Reverse Luer Syringe</td>
</tr>
<tr>
<td>‘Old’ Funnel Tube</td>
<td>LK01</td>
<td>New ENFit Syringe</td>
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</table>

**Europe/Rest of World**

<table>
<thead>
<tr>
<th>Adapter Description</th>
<th>Adapter Code</th>
<th>Additional Information</th>
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</thead>
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<tr>
<td>Enlock Tube</td>
<td>TA01</td>
<td>New ENFit Syringe</td>
</tr>
<tr>
<td>New ENFit Tube</td>
<td>TA05</td>
<td>Enlock Giving Set/Syringe</td>
</tr>
<tr>
<td>Large cone Tube (DW or Superlock)</td>
<td>TA03</td>
<td>New ENFit Syringe/Set</td>
</tr>
<tr>
<td>New ENFit Tube</td>
<td>TA04</td>
<td>Large cone Syringe (DW, Superlock)</td>
</tr>
<tr>
<td>Oral Tip Tube</td>
<td>ML01L</td>
<td>New ENFit Syringe/Set</td>
</tr>
<tr>
<td>New ENFit Tube</td>
<td>TA06</td>
<td>Oral Tip Syringe/Set</td>
</tr>
</tbody>
</table>
Enteral medicines

In general, liquid forms of medicine should be used where possible for enteral routes.

Soluble tablets or capsules can be used if they are thoroughly dissolved. Enteric coated medicines should never be crushed or dissolved. If the liquid and soluble forms are unavailable then tablets can be crushed or capsules opened and mixed in 10-15mls of water (5-10mls for children). The tablet crusher should be rinsed and the washings and residue flushed down the tube.

Delivery
Medicines should be delivered using an enteral syringe. Tubes should be flushed before and after medicines with 20-30mls of water in adults and 5-10mls in children. Each medicine should be administered separately and the tube and the syringe should be flushed between the dose of different medicines. In general medicines should not be added to feeds because of potential interactions. Timing may also be important as some medicines are designed to be absorbed by an empty stomach.

Medicine and feed interactions
Some medicines can interact with enteral feeds, vitamins and electrolytes and some need to be given on an empty stomach. It is therefore important to flush before and after each feed to prevent any coagulation of the proteins in the feeds, which can block the feeding tubes.

Outpatient medicines
The bottle adapter can be provided non-sterile so that a suitable adapter can be packed with a suitable syringe for patients leaving hospital. A small instruction pad has also been produced so an instructions leaflet can be torn off for each outpatient as required.

Small volume medicines
It is advisable to use the medicine straw or bottle adapters for small volumes of medicines as the straw will occupy the dead space of the syringe in the same way as the male connector on the feeding tube. In this way medicines can be delivered accurately without considering the dead space. For very small doses (less than 0.5ml) the 1ml Low Dose Syringe should be used.

Caution
Medicina does not recommend the use of Cup Fill Technique for the drawing up of any medicine.
**Enteral Syringe Feeding System**

- **Bottle adapter** (10.5mm-11mm) Ref: BA01L
- **Bottle adapter** (14mm-16mm) Ref: BA02L
- **Bottle adapter** (18mm-19.5mm) Ref: BA03L
- **Bottle adapter** (18.5mm-21.5mm) Ref: BA05L
- **Bottle adapter** (20mm-21.5mm) Ref: BA06L
- **Bottle adapter** (25.5mm-27mm) Ref: BA04L
- **Bottle adapter** (25.5mm-27mm) Ref: BA04L

**Ampoule**

**Capsule**

**Soluble Tablet**

**Tablet**

**Medicine straw** Ref: C005L

**20cm Milk straw** Ref: C020L
**14cm Milk straw** Ref: C014L
**10cm Milk straw** Ref: C010L

**Universal bottle adapter** Ref: BA01L

**Filter straw** Ref: MF01L

**Medicine straw** Ref: C005L

**2.5ml Low Dose Syringe** Ref: LPE01LD
**2.5ml Low Dose Syringe** Ref: LPE02LD
**5ml Syringe** Ref: LPE05
**10ml Syringe** Ref: LPE10
**5ml Syringe** Ref: LPE05

**Enteral**

**Enteral blunt fill needle** Ref: MN01L
**Enteral blunt fill needle with filter** Ref: MN02L
# Product range

## ENFit reusable syringes

- **LHE01LD**: 1ml low dose reusable enteral syringe (100)
- **LHE25LD**: 2.5ml low dose reusable enteral syringe (100)
- **LHE05**: 5ml reusable enteral syringe (100)
- **LHE10**: 10ml reusable enteral syringe (100)
- **LHE20**: 20ml reusable enteral syringe (80)
- **LHE60**: 60ml reusable enteral syringe (60)

## ENFit extension sets

- **EP015L**: 15cm long short extension set (50)
- **EP075L**: 75cm long extension set (50)
- **EP075LW**: 75cm long wide bore extension set (50)
- **EP150L**: 150cm long extension set (50)
- **EP015LYW**: 15cm long wide bore Y-site short extension set (50)
- **EP075LY**: 75cm long Y-site extension set (50)
- **EP075LYW**: 75cm long wide bore Y-site short extension set (50)
- **EP150LY**: 150cm long Y-site extension set (50)

## EnFit syringes

- **LPE01LD**: 1ml low dose enteral syringe (100)
- **LPE25LD**: 2.5ml low dose enteral syringe (100)
- **LPE05**: 5ml enteral syringe (100)
- **LPE10**: 10ml enteral syringe (100)
- **LPE20**: 20ml enteral syringe (80)
- **LPE30**: 30ml enteral syringe (80)
- **LPE60**: 60ml enteral syringe (80)
- **LPE100**: 100ml enteral syringe (30)

## Surfactant kits

- **SF01**: Surfactant Kit (25)
- **SF02**: Needle Free Surfactant Kit (25)
ENFit short-term polyurethane feeding tubes

- LG4/40  4FR x 40cm (50)
- LG4/50  4FR x 50cm (50)
- LG4/80  4FR x 80cm (50)
- LG4/90  4FR x 90cm (50)
- LG4/120 4FR x 120cm (50)
- LG4/125 4FR x 125cm (50)
- LG4/160 4FR x 160cm (50)
- LG5/40  5FR x 40cm (50)
- LG5/50  5FR x 50cm (50)
- LG5/80  5FR x 80cm (50)
- LG6/40  6FR x 40cm (50)
- LG6/50  6FR x 50cm (50)
- LG6/80  6FR x 80cm (50)
- LG6/90  6FR x 90cm (50)
- LG6/120 6FR x 120cm (50)
- LG6/160 6FR x 160cm (50)
- LG6/200 6FR x 200cm (50)
- LG8/40  8FR x 40cm (50)
- LG8/50  8FR x 50cm (50)
- LG8/80  8FR x 80cm (50)
- LG8/90  8FR x 90cm (50)
- LG8/120 8FR x 120cm (50)
- LG8/160 8FR x 160cm (50)
- LG8/200 8FR x 200cm (50)
- LG10/80 10FR x 80cm (50)
- LG10/90 10FR x 90cm (50)
- LG10/120 10FR x 120cm (50)
- LG10/160 10FR x 160cm (50)
- LG12/80 12FR x 80cm (50)
- LG12/120 12FR x 120cm (50)
- LG14/80 14FR x 80cm (50)
- LG16/120 16FR x 120cm (50)
- LG16/160 16FR x 160cm (50)
- LG18/120 18FR x 120cm (50)
- LG18/160 18FR x 160cm (50)
- LG20/120 20FR x 120cm (50)
- LG20/160 20FR x 160cm (50)
- LG22/120 22FR x 120cm (50)
- LG22/160 22FR x 160cm (50)
- LG24/120 24FR x 120cm (50)
- LG24/160 24FR x 160cm (50)
- LG26/120 26FR x 120cm (50)
- LG26/160 26FR x 160cm (50)
- LG28/120 28FR x 120cm (50)
- LG28/160 28FR x 160cm (50)
- LG30/120 30FR x 120cm (50)
- LG30/160 30FR x 160cm (50)
- LG32/120 32FR x 120cm (50)
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- LG34/120 34FR x 120cm (50)
- LG34/160 34FR x 160cm (50)
- LG36/120 36FR x 120cm (50)
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- LG38/120 38FR x 120cm (50)
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- LG44/120 44FR x 120cm (50)
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- LG48/120 48FR x 120cm (50)
- LG48/160 48FR x 160cm (50)
- LG50/120 50FR x 120cm (50)
- LG50/160 50FR x 160cm (50)
- LG52/120 52FR x 120cm (50)
- LG52/160 52FR x 160cm (50)
- LG54/120 54FR x 120cm (50)
- LG54/160 54FR x 160cm (50)

ENFit long-term polyurethane feeding tubes

- NPG6/55L  6FR x 55cm (25)
- NPG6/75L  6FR x 75cm (25)
- NPG6/85L  6FR x 85cm (25)
- NPG8/55L  8FR x 55cm (25)
- NPG8/75L  8FR x 75cm (25)
- NPG8/85L  8FR x 85cm (25)
- NPG8/100L 10FR x 100cm (25)
- NPG10/85L 10FR x 85cm (25)
- NPG12/100L 12FR x 100cm (25)

ENFit double lumen feeding tubes

- RT6/80L  6FR x 80cm (50)
- RT8/80L  8FR x 80cm (50)
- RT10/100L 10FR x 100cm (50)
- RT12/100L 12FR x 100cm (50)
- RT14/100L 14FR x 100cm (50)
- RT16/100L 16FR x 100cm (50)
- RT18/100L 18FR x 100cm (50)
- RT20/100L 20FR x 100cm (50)

ENFit short-term polyurethane nasojejunal tubes

- NJP6/120L 6FR x 120cm (10)
- NJP8/120L 8FR x 120cm (10)
- NJP8/130L 8FR x 130cm (10)
- NJP10/130L 10FR x 130cm (10)
- NJP12/130L 12FR x 130cm (10)
- NJP14/130L 14FR x 130cm (10)

ENFit long-term polyurethane Y-Site feeding tubes

- NPG6/95LY  6FR x 95cm (25)
- NPG8/95LY  8FR x 95cm (25)
- NPG10/95LY 10FR x 95cm (25)
- NPG12/95LY 12FR x 95cm (25)

Accessories

- NPK01  Adult Nasogastric Placement Kit (25)
- NPK02  Paediatric Nasogastric Placement Kit (25)
- IN01  pH indicator strips (200)
- IN02  pH indicator strips (100)
- NP01  Adult nose plaster (100)
- NP02  Paediatric nose plaster (100)
## ENFit Bottle adapters

- **BA01L** Stepped Bottle Adapter (50)
- **BA01LB** Bulk pack of Stepped Bottle Adapters (50)
- **BA02L** 15-16.5mm Bottle Adapter (50)
- **BA02LB** Bulk pack of 15-16.5mm Bottle Adapters (50)
- **BA03L** 18-19.5mm Bottle Adapter (50)
- **BA03LB** Bulk pack of 18-19.5mm Bottle Adapters (50)

## ENFit syringe accessories

- **RC075L** 75mm Rectal Medicine Straw (50)
- **RC150L** 150mm Rectal Medicine Straw (50)
- **C005L** 5cm Medicine Straw (50)
- **C020L** 20cm Milk Straw (50)
- **C014L** 14cm Milk Straw (50)
- **C010L** 10cm Milk Straw (50)

## ENFit Transitional Adapters

- **TA01** Transition Adapter for Reverse Luer Tube to ENFit Syringe (50)
- **TA02** Transition Adapter for ENFit Tube to Reverse Luer Syringe (50)
- **TA03** Transition Adapter for Large Cone Tube to ENFit Syringe/Set (50)
- **TA04** Transition Adapter for ENFit Tube to Large Cone Syringe (50)
- **TA05** Transition Adapter for ENFit Tube to Enlock Giving Set/Syringe (50)
- **TA06** Transition Adapter for ENFit Tube to Oral Tip Syringe/Set (50)
- **ML01L** Transition Adapter for Oral Tip Tube to ENFit Syringe/Set (50)
- **LK01** Transition Adapter for Funnel Tube to ENFit Syringe (50)
Medicina new enteral feeding system

The new ENFit ISO Standard range of enteral syringes has been developed to deliver enteral feeds, medicines and flushes safely to neonatal, paediatric and adult patients.