

# RESOURCE® 2.0 + Fibre



**RESOURCE® 2.0 + Fibre** is an energy-dense, high protein supplement which is low in sodium, with added fibre. Suitable for oral use and provides 2.0 kcal/mL.

## FEATURES

Energy Density	2.0 kcal/mL	8.4 kJ/mL
Energy Distribution		
Protein – 18%	Milk Protein	
Carbohydrate – 40.5%	Glucose Syrup, Sucrose and Oligofructose	
Fat – 39%	Low Erucic Acid Rapeseed Oil	
Dietary Fibre (Soluble – 2.5%)	FOS & GOS	
Nonprotein Calorie: Nitrogen Ratio	114:1	
Calorie: Nitrogen Ratio	139:1	
P:S Ratio	3.3:1	
n-6:n-3 Ratio	2.34:1	
Osmolality	.805 mOsm/kg Water	
Renal Solute Load	.647 mOsm/1000mL	
Water Content	137mL/200mL	

## CLINICAL INDICATIONS

- Malnourished
- Geriatric nutrition
- Fluid restrictions / volume sensitive
- Bowel irregularity
- Medication round programs
- Increased calorie and protein needs
- Wound prevention



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## NUTRITIONAL INFORMATION

	Unit of Measure	Avg Qty Per 60mL	Avg Qty Per 200mL (1 Serve)	Avg Qty Per 1000mL (1 Litre)*
<b>ENERGY</b>				
	kcal	120	400	2000
	kJ	504	1680	8400
Protein	g	5.4	18	90
Carbohydrate	g	12	40	200
- Sugars	g	3.9	13	65
Fat - Total	g	5.2	17.4	87
- Saturated	g	0.4	1.4	7
- Monounsaturated	g	3.4	11.4	57
- Polyunsaturated	g	1.4	4.6	23
Dietary Fibre, Total	g	1.5	5	25
- Soluble Fibre	g	1.5	5	25
- Insoluble Fibre	g	0	0	0
<b>VITAMINS</b>				
Vitamin A	ugRE	99	330	1650
Vitamin D	µg	1.2	4	20
Vitamin E	mg α-TE	2.4	8	40
Vitamin K	µg	9	30	150
Vitamin C	mg	10.2	34	170
Folic Acid	µg	24	80	400
Thiamin	mg	0.1	0.4	2
Niacin	mgNE	1.8	6	30
Riboflavin	mg	0.1	0.44	2.2
Vitamin B6	mg	0.2	0.7	3.5
Vitamin B12	µg	0.4	1.4	7.2
Biotin	µg	4.2	14	70
Pantothenic Acid	mg	0.5	1.8	9
<b>MINERALS</b>				
Sodium	mg (mmol)	60 (2.6)	200 (8.7)	1000 (43)
Potassium	mg (mmol)	126 (3.2)	420 (10.8)	2100 (54)
Chloride	mg (mmol)	66 (1.9)	220 (6.3)	1100 (31)
Calcium	mg	105	350	1750
Phosphorous	mg	72	240	1200
Magnesium	mg	12	40	200
Iodine	µg	12	40	200
Manganese	mg	0.2	0.64	3.2
Copper	mg	0.1	0.4	2
Zinc	mg	1	3.4	17
Iron	mg	0.9	3	15
Selenium	µg	7.2	24	120
Chromium	µg	3.9	13	65
Molybdenum	µg	9	30	150
Fluoride	mg	0.1	0.3	1.5

## INGREDIENTS

**Vanilla Flavour:** Water, Glucose Syrup, **Milk** Protein, Vegetable Oil, Galacto-Oligosaccharide, Sucrose, Oligofructose, Minerals (Potassium Citrate, Sodium Citrate, Potassium Chloride, Sodium Chloride, Potassium Phosphate, Magnesium Citrate, Magnesium Oxide, Calcium Citrate, Ferrous Sulphate, Zinc Sulphate, Manganese Sulphate, Copper Sulphate, Sodium Fluoride, Chromium Chloride, Potassium Iodide, Sodium Molybdate, Sodium Selenite), Emulsifier (E471, E472e), Flavouring, Vitamins (C, E, Nicotinamide, Calcium Pantothenate, B6, A, B1 (Thiamin), B2 (Riboflavin), Folic Acid, K1, Biotin, D3). **Contains Milk.**

## ORDERING INFORMATION

### RESOURCE® 2.0 + Fibre

SKU	Presentation	Units Per Case	Product Code
Vanilla	200mL bottle	6 x 4 x 200mL	12100787
Neutral	200mL bottle	6 x 4 x 200mL	12100782
Apricot	200mL bottle	6 x 4 x 200mL	12100772
Strawberry	200mL bottle	6 x 4 x 200mL	12100786
Coffee	200mL bottle	6 x 4 x 200mL	12100781

Contains < 2g lactose per 200mL serve.

\*Not intended for tube feeding due to viscosity of formula.