

# SUSTAGEN® Hospital Formula



**LOW  
GI**

**SUSTAGEN® Hospital Formula** is a high protein, balanced oral supplement providing 1.0 kcal/mL per suggested serving.

## FEATURES

|                                    |  |           |
|------------------------------------|--|-----------|
| Energy Density                     | 1.0 kcal/mL  | 4.2 kJ/mL |
| Energy Distribution                |  |           |
| Protein – 25%                      | Non-Fat Milk Solids and Whole Milk Powder                      |           |
| Carbohydrate – 69%                 | Corn Syrup Solids and Whole Milk Powder                        |           |
| Fat – 6%                           | Whole Milk Powder and Soy Lecithin                             |           |
| Glycaemic Index                    | (Neutral 46)   |           |
| Nonprotein Calorie: Nitrogen Ratio | 78:1   |           |
| Calorie: Nitrogen Ratio            | 103:1  |           |
| Osmolality                         | 671 mOsm/kg Water (Vanilla) and 702 mOsm/ kg Water (Chocolate) |           |
| Renal Solute Load                  | 467 mOsm/1000mL  |           |

## CLINICAL INDICATIONS

- Loss of appetite
- Unintentional weight loss
- After injury/rehabilitation
- Surgery (pre and post operative)



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## NUTRITIONAL INFORMATION

### VANILLA / CHOCOLATE FLAVOUR

|                  | Unit of Measure | VANILLA / CHOCOLATE FLAVOUR |  | NEUTRAL FLAVOUR         |  |
|------------------|-----------------|-----------------------------|--|-------------------------|--|
|                  |                 | Avg Qty Per 100g Powder     | Avg Qty Per Serve (60g) + 200mL H <sub>2</sub> O | Avg Qty Per 100g Powder | Avg Qty Per Serve (60g) + 200mL H <sub>2</sub> O |
| <b>ENERGY</b>    | kcal            | 380                         | 228  | 380                     | 230  |
|                  | kJ              | 1590                        | 954  | 1590                    | 950  |
| Protein          | g               | 23                          | 13.8   | 23                      | 13.8   |
| Carbohydrate     | g               | 65                          | 39   | 65                      | 39   |
| - Sugars         | g               | 38.5                        | 23.1   | 41.2                    | 24.7   |
| Fat - Total      | g               | 2.5                         | 1.5  | 2.5                     | 1.5  |
| - Saturated      | g               | 1.8                         | 1.1  | 1.8                     | 1.1  |
| Dietary Fibre    | g               | 0                           | 0  | 0                       | 0  |
| <b>VITAMINS</b>  |                 |                             |  |                         |  |
| Vitamin A        | µg              | 313                         | 188  | 350                     | 210  |
| Vitamin D        | µg              | 5                           | 3  | 4.5                     | 2.7  |
| Vitamin E        | mg              | 6.7                         | 4  | 8.3                     | 5  |
| Vitamin K        | µg              | 42                          | 25.2   | 34                      | 20.4   |
| Vitamin C        | mg              | 34                          | 20   | 33                      | 20   |
| Folate           | µg              | 140                         | 84   | 140                     | 84   |
| Thiamin          | µg              | 920                         | 550  | 920                     | 550  |
| Niacin           | mg              | 8.3                         | 5  | 8.3                     | 4.8  |
| Riboflavin       | mg              | 1.41                        | 0.85   | 1.42                    | 0.85   |
| Vitamin B6       | mg              | 0.79                        | 0.47   | 0.8                     | 0.5  |
| Vitamin B12      | µg              | 1.7                         | 1  | 1.7                     | 1  |
| Biotin           | µg              | 8.3                         | 5  | 8.3                     | 5  |
| Pantothenic Acid | mg              | 1.3                         | 0.8  | 1.3                     | 0.8  |
| <b>MINERALS</b>  |                 |                             |  |                         |  |
| Sodium           | mg              | 290                         | 174  | 270                     | 120  |
| Potassium        | mg              | 1100                        | 660  | 1010                    | 510  |
| Chloride         | mg              | 620                         | 372  | 572                     | 330  |
| Calcium          | mg              | 670                         | 400  | 600                     | 360  |
| Phosphorous      | mg              | 660                         | 396  | 500                     | 360  |
| Magnesium        | mg              | 140                         | 84   | 110                     | 87   |
| Iodine           | µg              | 95                          | 57   | 71                      | 60   |
| Manganese        | mg              | 1.12                        | 0.67   | 0.69                    | 0.6  |
| Copper           | mg              | 0.72                        | 0.43   | 0.43                    | 0.4  |
| Zinc             | mg              | 5                           | 3  | 3.8                     | 3.6  |
| Iron             | mg              | 5                           | 3  | 3                       | 3.3  |
| Selenium         | µg              | 28                          | 16.8   | 16.8                    | 14   |
| Chromium         | µg              | 45                          | 27   | 27                      | 20   |
| Molybdenum       | µg              | 57                          | 34   | 34                      | 12   |

## INGREDIENTS

**Vanilla Flavour:** Non Fat Milk Solids (63%), Corn Syrups Solids, Whole Milk Powder (Soy Lecithin), Flavour, Minerals (Magnesium Phosphate, Sodium Molybdate, Chromium Chloride, Ferrous Sulphate, Zinc Sulphate, Sodium Selenite, Manganese Sulphate, Cupric Carbonate, Potassium Iodide), Vitamins (Ascorbic Acid, DL-Alpha-Tocopheryl Acetate, Niacinamide, Vitamin K, Vitamin A Acetate, Cholecalciferol, Biotin, Thiamin Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Cyanocobalamin, Calcium Pantothenate, Folic Acid).

**Contains Milk and Soy.**

## ORDERING INFORMATION

### SUSTAGEN® Hospital Formula

| SKU       | Presentation | Units Per Case | Product Code |
|-----------|--------------|----------------|--------------|
| Vanilla   | 900g can     | 6 x 900g       | 9517816      |
| Chocolate | 900g can     | 6 x 900g       | 9517815      |
| Neutral   | 900g can     | 6 x 900g       | 12141535     |
| Neutral   | 3kg bag      | 2 x 3kg        | 12131308     |

Contains lactose.

Avg Qty per serve reflects maximum permitted claim quantity for Formulated Meal Replacements as stipulated in Food Standards Code.