

# Mölnlycke® Z-Flo™ Adult Fluidized Positioner Product Application Guide

## Sacrum offloading



### Suggested Patient Inclusion Criteria<sup>1</sup>:

- Abnormal body posturing
- Paralytics
- Vasopressors
- Prominent sacrum/coccyx
- Ventilated/sedated

### Facility Recommendations:

- Follow your facility's safe handling policies and procedures for patient positioning
- Label positioners with date and patient's name using a permanent marker
- Positioners are single patient use but can travel with the patient across the continuum of care<sup>2</sup>
- When soiled, clean positioner with a hospital-approved disinfectant
- If accidentally cut or punctured, clean up the contents with a degreaser and replace product
- Skin inspection as per hospital guidelines

### Always:

- Start with a flattened positioner for initial positioning and/or repositioning
- Cover positioner with a layer of linen



1. Choose a positioner that is wider than the patient's hips.
2. Lift the legs and place positioner up to the patient's gluteal fold. Do not place under the buttocks.



3. Lower the legs allowing the patient to rest on the positioner.



4. With flat hands, mould the positioner from the perimeter. The thighs should be elevated to offload the sacrum.

Healthcare professionals agree that effectively positioning and repositioning a patient is the cornerstone of pressure injury prevention.<sup>1</sup> Repositioning safely protects both patients and their caregivers.<sup>3</sup>

### How do fluidised positioners work?

Fluidised positioners are used to redistribute skin pressure and reduce friction and shear while supporting the patient's body in a comfortable position until time to reposition again. Fluidised positioners conform to the patient's body, responding three-dimensionally without predisposition to any shape, unlike a pillow. Fluidised positioners are not subject to the effect of gravity, as are bean-bag positioners and other tools. Fluidised positioners are designed to remain with the patient across the care continuum.<sup>2</sup>

- Easily mouldable and remouldable
- Maintains its shape
- Adaptable to multiple anatomical sites
- Non-Latex and DEHP Free
- Single patient use only

### Mölnlycke®

#### Mölnlycke Z-Flo™ Fluidized Positioner - Adult

Product Code	Description	Dimensions	Pcs/case
1401003	Utility Positioner - Medium with tab	41 x 76 cm	1
1401005	Utility Positioner - Large	64 x 91 cm	1