

Forticreme Complete

A ready-to-use, semi-solid, nutritionally complete oral supplement enriched with essential vitamins, minerals and trace elements in a dessert form. Contains 200kcal and 11.9g protein per 125g pot.

Features

- Suitable as a sole source of nutrition or as a nutritional supplement
- Semi-solid consistency suitable for patients with swallowing difficulties (dysphagia)
- Level 3, pudding consistency
- May be used as a texture alternative to nutritional supplement drinks (e.g. Fortisip, Fortijuice)
- Available in 4 flavours
- Easy-to-hold 125g plastic pot

Indications

For the dietary management of:

- Disease related malnutrition
- Patients with high energy and protein requirements
- Patients with swallowing difficulties (dysphagia) or conditions requiring a texture modified diet

Important Notice

- Not suitable for patients with galactosaemia
- Not suitable for infants under 1 year of age
- Use with caution in children aged 1-6 years

Directions for Use

- Ready to eat
- Best served chilled
- Usage to be determined by a healthcare professional

Storage

- Store in a cool, dry place
- Once opened, store in the refrigerator
- Discard unused content after 24 hours



Ordering Information

- To order contact Nutricia Customer Care 1800 889 480

Forticreme Complete	Presentation (per unit)	Code	Units per carton
Chocolate	4 x 125g pot	40865	6
Forest Fruits	4 x 125g pot	40874	6
Vanilla	4 x 125g pot	40868	6
Banana	4 x 125g pot	40871	6

Ingredients

Forticreme Vanilla: Water, sucrose, milk proteins (milk protein isolate, sodium caseinate, whey protein concentrate, calcium caseinate), maltodextrin, vegetable oils (canola oil, sunflower oil), modified starch, flavour (vanilla), tri potassium citrate, emulsifier (mono- and diglycerides of fatty acids), stabiliser (carrageenan), choline chloride, di potassium hydrogen phosphate, acidity regulator (citric acid), sodium L-ascorbate, magnesium hydroxide, sodium chloride, colour (curcumin), ferrous lactate, sodium hydroxide, potassium hydroxide, DL- α -tocopheryl acetate, retinyl acetate, copper gluconate, zinc sulphate, sodium selenite, manganese sulphate, calcium D-pantothenate, chromium chloride, cholecalciferol, pteroylmonoglutamic acid, D-biotin, thiamin hydrochloride, pyridoxine hydrochloride, nicotinamide, sodium molybdate, riboflavin, sodium fluoride, potassium iodide, cyanocobalamin, phytomenadione.

A food for special medical purposes; to be used under strict medical supervision.

For more information call the
Nutricia Clinical Care Line **1800 060 051**

Forticreme Complete

ban = banana; choc = chocolate; FF = forest fruits

Nutrition Information		Per 100g	Per serve*
Energy	kcal	160	200
	kJ	675	844
Protein	g	9.5 (24%E)	11.9
Casein	g	7.5 (7.2 choc)	9.4 (9 choc)
Whey	g	2.1 (2 choc, ban)	2.6 (2.5 choc, ban)
Carbohydrate	g	19.2 (48%E)	24
Sugars	g	10.6 (10.7 choc)	13.3
as Lactose	g	0.1	0.13
Fat	g	5 (28%E)	6.3
Saturates	g	0.7	0.9
Monounsaturates	g	3	3.8
Polyunsaturates	g	1.3 (1.4 ban)	1.6 (1.8 ban)
ω6 / ω3 ratio		5:1	5:1
Fibre	g	0.1 (0.3 choc)	0.13 (0.34 choc)
Water	ml	64 (65 FF)	80 (81.3 FF)

Minerals		Per 100g	Per serve*
Sodium	mg	63	78.8
	mmol	2.7	3.4
Potassium	mg	185 (221 choc)	231 (276 choc)
	mmol	4.7 (5.7 choc)	5.9 (7.1 choc)
Calcium	mg	130	163
Phosphorus	mg	113	141
Magnesium	mg	20	25
Chloride	mg	64	80
Ca:P ratio		1.1:1	1.1:1

*Serve size: 125g pot

Vitamins		Per 100g	Per serve*
Vitamin A	µg-RE	205	256
Vitamin D	µg	1.7	2.1
Vitamin E	mg-α-T.E.	2.7	3.4
Vitamin K	µg	13	16.3
Vitamin C	mg	16	20
Thiamin	mg	0.37	0.46
Riboflavin	mg	0.4	0.5
Niacin	mg NE	2.8	3.5
Vitamin B6	mg	0.42	0.53
Vitamin B12	µg	0.51	0.64
Folic Acid	µg	64	80
Pantothenic Acid	mg	1.3	1.6
Biotin	µg	6.4	8

Trace Elements		Per 100g	Per serve*
Iron	mg	2.6	3.3
Zinc	mg	1.6	2
Manganese	mg	0.64	0.8
Copper	µg	432	540
Iodine	µg	34	42.5
Molybdenum	µg	18	22.5
Selenium	µg	11	13.8
Chromium	µg	11	13.8
Fluoride	mg	0.18	0.23

Other		Per 100g	Per serve*
Choline	mg	88	110
Osmolality	mOsmol/kgH ₂ O	820	820