



# Fresubin® 2 kcal DRINK

High protein, high energy  
complete drink with variety

2 kcal/mL high protein oral nutritional supplement  
for the dietary management of patients with or at  
risk of malnutrition, in particular with increased  
energy and protein needs and/or fluid restriction

**400**  
kcal  
2.0 kcal/ml  
**20g**  
Protein

per bottle (200ml)



High protein content contributes  
to clinical, functional and nutritional  
benefits<sup>1</sup>

High Vitamin D content: 10 µg/200 mL  
for bone health and prevention of  
fractures and falls<sup>2,3</sup>

Fibre free for patients who cannot  
tolerate fibre

\* Meets nutrient reference values required  
for complete nutrition<sup>4</sup>



# Fresubin® 2 kcal DRINK

Available in **five** delicious flavours  
in 200 mL EasyBottle



## Nutritional Information

| Average Content                      |                            | MedPass<br>cup 60 mL | 100 mL    | Bottle<br>200 mL |
|--------------------------------------|----------------------------|----------------------|-----------|------------------|
| <b>Energy value</b>                  | kJ (kcal)                  | 504 (120)            | 840 (200) | 1680 (400)       |
| <b>Fat (35% Energy)</b>              | g                          | 4.7                  | 7.8       | 15.6             |
| of which SFA*                        | g                          | 0.36                 | 0.6       | 1.2              |
| of which MUFA**                      | g                          | 3.5                  | 5.8       | 11.6             |
| of which PUFA***                     | g                          | 0.84                 | 1.4       | 2.8              |
| <b>Carbohydrate (45% Energy)</b>     | g                          | 13.5                 | 22.5      | 45               |
| of which sugars                      | g                          | 3.1                  | 5.1       | 10.2             |
| of which lactose                     | g                          | <0.18                | ≤ 0.3     | ≤ 0.6            |
| <b>Fibre*</b>                        | g                          | 0                    | 0         | 0                |
| <b>Protein (20% Energy)</b>          | g                          | 6                    | 10        | 20               |
| <b>Water^</b>                        | mL                         | 40.1-42              | 68-70     | 136-140          |
| <b>Osmolarity</b>                    | mosmol/L                   | 495 - 640^           |           |                  |
| <b>Osmolality</b>                    | mosmol/kg H <sub>2</sub> O | 720 - 920^           |           |                  |
| <b>Minerals and trace elements</b>   |                            |                      |           |                  |
| Sodium                               | mg                         | 36                   | 60        | 120              |
| Chloride                             | mg                         | 48                   | 80        | 160              |
| Potassium                            | mg                         | 96                   | 160       | 320              |
| Calcium                              | mg                         | 123                  | 205       | 410              |
| Phosphorus                           | mg                         | 72                   | 120       | 240              |
| Magnesium                            | mg                         | 9.6                  | 16        | 32               |
| Iron                                 | mg                         | 1.5                  | 2.5       | 5                |
| Zinc                                 | mg                         | 0.96                 | 1.6       | 3.2              |
| Copper                               | mg                         | 0.23                 | 0.38      | 0.76             |
| Iodine                               | µg                         | 22.5                 | 37.5      | 75               |
| Selenium                             | µg                         | 8.1                  | 13.5      | 27               |
| Manganese                            | mg                         | 0.3                  | 0.5       | 1                |
| Chromium                             | µg                         | 7.5                  | 12.5      | 25               |
| Molybdenum                           | µg                         | 11.3                 | 18.8      | 37.6             |
| Fluoride                             | mg                         | 0.15                 | 0.25      | 0.5              |
| <b>Vitamins</b>                      |                            |                      |           |                  |
| Vitamin A                            | µg RE°                     | 127.5                | 212.5     | 425              |
| of which β-Carotene                  | µg RE°                     | 37.5                 | 62.5      | 125              |
| Vitamin D <sub>3</sub>               | µg                         | 3                    | 5         | 10               |
| Vitamin E                            | mg α-TE°°                  | 2.25                 | 3.75      | 7.5              |
| Vitamin K <sub>1</sub>               | µg                         | 12.6                 | 21        | 42               |
| Vitamin C                            | mg                         | 11.3                 | 18.8      | 37.6             |
| Thiamin (vitamin B <sub>1</sub> )    | mg                         | 0.18                 | 0.3       | 0.6              |
| Riboflavin (vitamin B <sub>2</sub> ) | mg                         | 0.24                 | 0.4       | 0.8              |
| Vitamin B <sub>6</sub>               | mg                         | 0.25                 | 0.43      | 0.86             |
| Niacin                               | mg NE°°°                   | 3.35                 | 5.58      | 11.2             |
| Folic acid                           | µg                         | 37.5                 | 62.5      | 125              |
| Vitamin B <sub>12</sub>              | µg                         | 0.45                 | 0.75      | 1.5              |
| Pantothenic Acid                     | mg                         | 0.9                  | 1.5       | 3                |
| Biotin                               | µg                         | 5.64                 | 9.4       | 18.8             |

\* saturated fatty acids (SFA)  
\*\* monounsaturated fatty acids (MUFA)  
\*\*\* polyunsaturated fatty acids (PUFA)  
# Chocolate flavour has 1.6g fibre/100ml (1.5% Energy)  
^ Depending on flavour  
° retinol equivalents (RE)  
°° alpha-tocopherol equivalents (α-TE)  
°°° niacin equivalents (NE)

## General information

### Food for special medical purposes:

Nutritionally complete, high-caloric (2.0 kcal/mL), high protein (20 g/bottle) oral nutritional supplement. For the dietary management of patients with or at risk of malnutrition in particular for patients with increased energy and protein needs and/or fluid restriction.

### Dosage:

To be determined by a healthcare professional according to patients' needs. Recommendation for supplementary nutrition, 1 - 2 bottles (400 - 800 kcal)/day or complete nutrition, 4 - 5 bottles (1600 - 2000 kcal)/day.

### Important notice:

To be used under medical supervision. Suitable as sole source of nutrition. Not suitable for children <3 years. Use with caution in children <6 years. Not suitable for patients with galactosaemia. Ensure adequate fluid intake. **Not for parenteral (I.V.) use!**

### Instruction for use:

Best served chilled. Shake well before use. Store at room temperature. Opened bottles may be stored in a refrigerator for up to 24 hours.

### Additional considerations:

Not suitable whenever enteral nutrition is not permitted such as in acute gastrointestinal bleeding, ileus and shock. Use with caution in severe organ failure with impaired metabolism and severe forms of malassimilation. Not suitable for patients with congenital inability to metabolise nutrients contained in Fresubin 2 kcal DRINK. Cappuccino flavour contains traces of caffeine (0.52 mg/100 mL).

## Flavours

Strawberry, Vanilla, Cappuccino, Apricot-Peach and Toffee.

## Ingredients

**Fresubin 2 kcal DRINK Vanilla:** Water, glucose syrup, vegetable oils (higholeic sunflower oil, rapeseed oil), edible calcium caseinate (from **milk**), **milk** proteins, sugar, maltodextrin, potassium citrate, flavouring, emulsifiers (E471, **soya** lecithins), potassium carbonate, acidity regulator (E 507), sodium chloride, sodium carbonate, vitamin C, magnesium oxide, ferric diphosphate, zinc sulphate, niacin, manganese chloride, pantothenic acid, vitamin E, cupric sulphate, riboflavin, vitamin B6, thiamin, sodium fluoride, beta-carotene, vitamin A, folic acid, chromium chloride, sodium molybdate, potassium iodide, sodium selenite, vitamin K, biotin, vitamin D, vitamin B12.

### Allergen Information: Contains **milk** and **Soy**. Low lactose and gluten free.

### Halal (except Apricot-Peach Flavour) and Kosher Certified.

Product ingredients for one flavour only. Detailed ingredient lists of the other flavours can be requested from [ensupport-anz@fresenius-kabi.com](mailto:ensupport-anz@fresenius-kabi.com)

## References

1. Cawood AL, Elia M, Stratton RJ: Systematic review and meta-analysis of the effects of high-protein oral nutritional supplements. Ageing Res Rev 2012, 11: 278-296.
2. Lochs H, Allison SP, Meier R, Pirlich M, Kondrup J, Schneider S, et al. Introductory to the ESPEN Guidelines on Enteral Nutrition: terminology, definitions and general topics. Clin Nutr 2006; 25: 180-6.
3. Hubbard GP et al. A systematic review of compliance to oral nutritional supplements. Clin Nutr 2012, 31: 293-312.
4. National Health and Medical Research Council: Nutrient Reference Values Australia and New Zealand. <https://www.eatforhealth.gov.au/nutrient-reference-values>. Accessed December, 2025.



**FRESENIUS  
KABI**

Fresenius Kabi Australia Pty Limited  
Level 2, 2 Woodland Way  
Mount Kuring-gai NSW 2080  
Phone 1300 732 001  
[www.fresubin.com/au](http://www.fresubin.com/au)  
[www.strengththen.com.au](http://www.strengththen.com.au)  
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