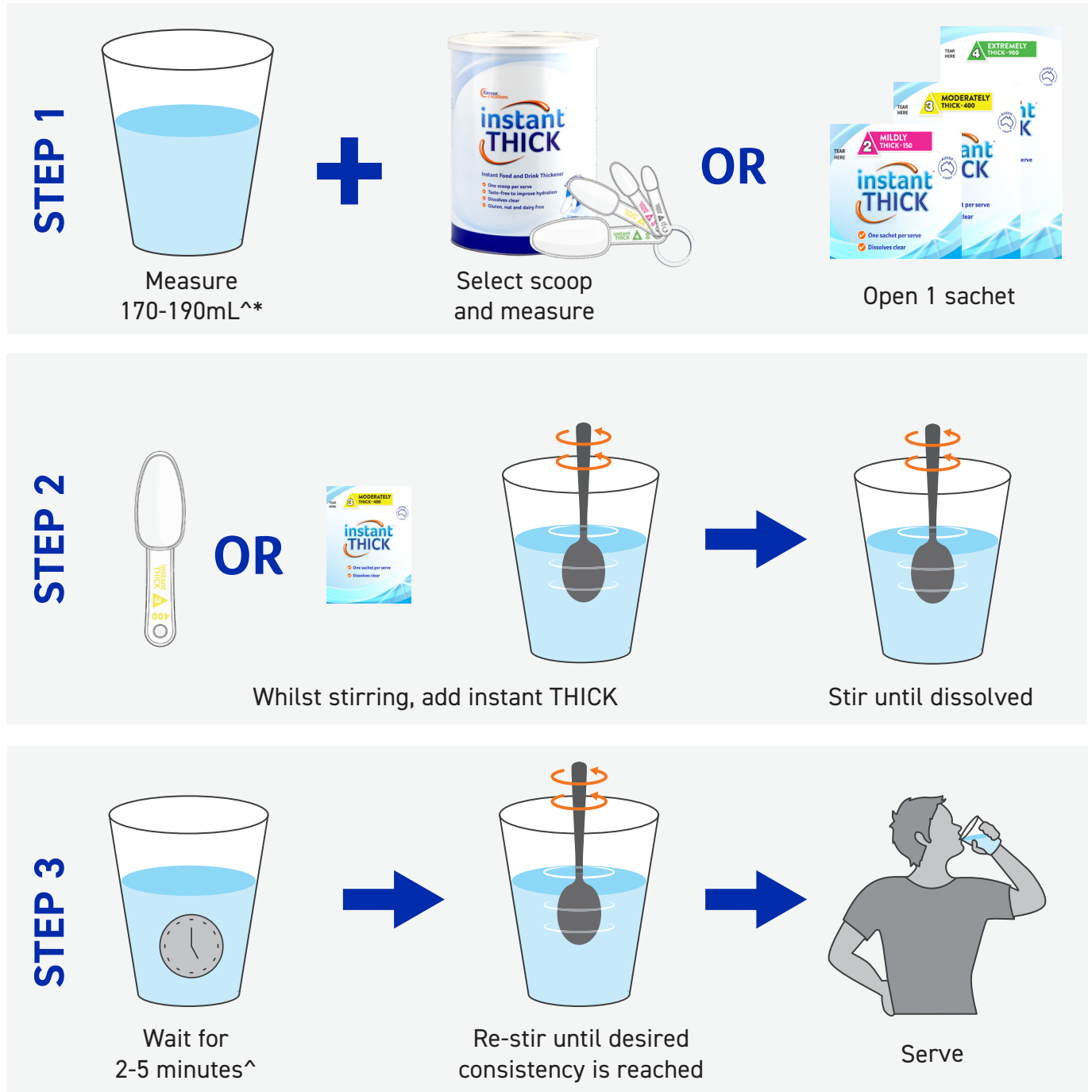


# MIXING GUIDE SINGLE SERVE



Suitable for water, cordial, juice, milk and hot drinks.



<sup>^</sup>For Milk we recommend 190mL for Level 1, 2 and 3; and 200mL for Level 4 of fluid. Allow to stand for 10 minutes, before serving.

\*For Hot Drinks we recommend 170mL of fluid. Temperature must not exceed 60°C when served, for consumer safety and comfort.

For more drink recipes refer to the Mixing Guides at [FlavourCreations.com.au](http://FlavourCreations.com.au)

Food for Special Medical Purposes. Fluid and food thickener for the dietary management of dysphagia. Use under medical supervision. Not suitable as a sole source of nutrition. Not suitable for children under 12 months of age. For oral consumption only. All information stated is correct at time of publishing and subject to change without notice. Flavour Creations is a gluten and nut free manufacturing environment.