



JOBST® Donning and Doffing Solutions

JOBST® Application



1 Put the hand inside the stocking and grip the heel.



2 Turn the stocking inside-out, whilst still holding onto the heel.



3 Pull the inside-out of the stocking over the front of the foot as far as the heel.



4 Gradually pull the stocking onto the calf, like a normal stocking.



5 Push the overlapping part of the stocking over the heel.



6 Fold over the stocking and pull without using force.



7 Make sure that the heel of the stocking is free of creases.



8 Pull the stocking up to the knee, thigh or waist; let it slide over the thumb.

Knee high socks or stockings should finish 2 finger width's below the knee crease at the back of the leg.



Application
of knee high
stockings



Application
of thigh high
stockings



Doffing of thigh
high stockings
instructions



JOBST® Accessories



JOBST® Stocking Donner

Product Code: 79668-00

Due to the nature of compression stockings, people may find putting them on to be initially a challenging task. The **JOBST® Stocking Donner**, which features a **lightweight frame** and foam grip handles, is designed to aid in the application of all JOBST® Medical LegWear.



Place your JOBST® compression stocking inside the semi-circle frame and pull the top of the stocking down over the semi-circle. The heel of the stocking must face the back of your JOBST® Stocking Donner.

Continue to slide the stocking down over the semi-circle until the heel protrudes from the frame, and is centred and even.



Preferably whilst seated, grasp the padded handles and gently pull the stocking donner upwards whilst moving your leg slightly outwards, until the stocking is above the calf.



Whilst using a support for balance, insert your foot into the stocking until your foot is completely on the floor.

Helpful Tip: Sit down and hold the heel pocket against the frame as you slide your toes into the stocking.



Push the JOBST® Stocking Donner backward and down to free the stocking.

Be sure the heel of the stocking is properly placed on the foot. Then adjust the length and smooth out any wrinkles by stroking with the palm of your hands.

The knee band in Knee High socks or stockings should stop two finger widths below the crease at the back of the knee.



Arion donning and doffing aids

Slide solutions for medical compression garments

Product benefits

Easy to Use



- ✓ **Minimise friction** between compression garment and skin
- ✓ **Reduce physical strain** for both compression wearers and caregivers
- ✓ Promote **independence** of compression wearers

Safe to Apply



- ✓ **Reduce risk** of skin damage; can be especially beneficial in case of high skin sensitivity or leg ulcers
- ✓ Contribute to a **longer garment lifetime** by preventing damage from fingers and nails
- ✓ Help **maintaining the original compression** longer and avoiding garments from overstretching and distortion

SimpleSolutions



- ✓ Offer application aids for all types of compression garments: stockings, tights, arm sleeves, and gloves
- ✓ Designed for different shapes and sizes of limbs
- ✓ Support the concordance to compression therapy

Arion Application Aids for your medical compression garments

Donning and Doffing Aids for medical compression stockings and tights				Donning aid for arm sleeves																																										
	Easy-Slide  MD CE	Magnide  MD CE	Easy-Slide ARM  MD CE																																											
Open toe			—																																											
Closed toe			—																																											
Donning (On)/ Doffing (Off)	ON 	ON 	ON 																																											
Sizes	<table><tr><th>Code</th><th>Size</th><th>Shoe size EU</th></tr><tr><td>79658-03</td><td>Size XS</td><td>≤ 33</td></tr><tr><td>79658-04</td><td>Size S</td><td>34 - 36</td></tr><tr><td>79658-02</td><td>Size M</td><td>37 - 38,5</td></tr><tr><td>79659-02</td><td>Size L</td><td>39 - 41</td></tr><tr><td>79660-01</td><td>Size XL</td><td>≥ 42</td></tr></table>			Code	Size	Shoe size EU	79658-03	Size XS	≤ 33	79658-04	Size S	34 - 36	79658-02	Size M	37 - 38,5	79659-02	Size L	39 - 41	79660-01	Size XL	≥ 42	<table><tr><th>Code</th><th>Size</th><th>Shoe size EU</th></tr><tr><td>79571-00</td><td>Size M</td><td>≤ 38</td></tr><tr><td>79571-01</td><td>Size L</td><td>39 - 43</td></tr><tr><td>79571-02</td><td>Size XL</td><td>≥ 44</td></tr></table>		Code	Size	Shoe size EU	79571-00	Size M	≤ 38	79571-01	Size L	39 - 43	79571-02	Size XL	≥ 44	<table><tr><th>Code</th><th>Size</th><th>Length* EU</th></tr><tr><td>79661-02</td><td>Size M</td><td>59 - 67cm</td></tr><tr><td>75100-01</td><td>Size L</td><td>> 67cm</td></tr></table>		Code	Size	Length* EU	79661-02	Size M	59 - 67cm	75100-01	Size L	> 67cm
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	XL also suitable for extra wide feet (circumference up to 28cm) 			*Arm length from the tip of the middle finger to the armpit.																																										
Video instructions: scan the QR code to watch the video																																														
Care instructions																																														
	Wash by hand (30°C)	Do not bleach	Do not tumble dry	Dry with a towel	Do not iron	Do not dry clean																																								



JOBST® Donning Gloves



JOBST® Donning Gloves* help create friction and provide a better grip when you put your garments on. They support an even distribution of the fabric of your compression garments on the leg. Wearing donning gloves also reduces the risk of damage to the fabric.

Extra Tip

Besides donning aids and accessories, there are helpful tips and tricks for easier application. Make sure that your skin is dry before putting on your garments. Avoid any greasy ointments, body lotions or similar substances to get in contact with your compression stockings.

77400-27	JOBST® GRIP GLOVE XSMALL BLUE
77400-28	JOBST® GRIP GLOVE SMALL BLUE
77400-29	JOBST® GRIP GLOVE MEDIUM BLUE
77400-30	JOBST® GRIP GLOVE LARGE BLUE
77400-31	JOBST® GRIP GLOVE XLARGE BLUE

DO NOT:



Tumble dry



Bleach



Iron



Use softeners



Dry clean

JOBST® Roll-on-Adhesive

An adhesive lotion to help hold garments in place

Suitable for daily use.

A single application with the roll-on-ball on the exposed skin around the arm or leg is sufficient. Then the edge of the garment is folded up and pressed against the skin.

For garments with a silicone edge, the adhesive lotion should not be applied directly under it.

Cleaning instructions: Remnants of the adhesive lotion can be easily washed off the skin or garment with water after removing the garment.

Product code: 79274-11



JOBST®,
an Essity brand

Always follow the
directions for use.

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Essity Health & Medical
PO Box 337, Mount Waverley,
Victoria, Australia 3149
medical.essity.com.au
jobst.com.au

JOBST® Customer Service AU
T 1300 998 810 F 1300 998 820
JOBST® Customer Service NZ
T 0508 998 810 F 0508 998 820