

Kfibre Gut Health Range



Kfibre **Gut Health Range**



Kfibre Essential **Gut Health Fibre Neutral Flavour**

- Saccharum Officinarum prebiotic for Microbiome & Gut Health Management
- Microbiome Nutrition; fermentable (prebiotic) & Insoluble total dietary fibre benefits
- Made from Australian virgin sugarcane.
- 95% sucrose reduced via a chemical-free process.

WHY USE KFIBRE?

- Nourishes the Microbiome
- Maintenance of Digestive health
- Regular Bowel Movements
- Ease Constipation
- Dietary Indigestion & Bloating
- Satiety & GI Lowering
- 85% Insoluble Vegetable Fibre
- Hindgut Fermentation
- Short Chain Fatty Acids
- Low FODMAP & Gluten Free

Kfibre Essential **Gut Health Fibre Orange Flavour**

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Gut Health Fibre Berry Flavour

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KFIBRE

- Add to water, juice, protein
- Shake or smoothies
- Serve size: 1 heaped teaspoon
- Serves Per day: 1 3 serves
- Drink plenty of drink water
- Kfibre can be added to cooking & baking recipes



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KFIBRE SACHETS

Perfect For Trialling or "On-the-Go"

- 14 sachets per box
- Add to water, juice, protein shake or smoothies
- 1 to 3 sachets per day
- Drink plenty of water

INGREDIENTS: PhytoBiome® - Saccharum Officinarum fibre Kfibre contains NO artificial colours, flavours, preservatives or chemical stimulants.



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INGREDIENTS: PhytoBiome® - Saccharum officinarum fibre, Natural Juicy Orange Flavour, Citric Acid, Anti-caking agents (551), Colour (160a), Stevia.

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INGREDIENTS: PhytoBiome® - Saccharum officinarum fibre, Strawberry Natural Flavour Powder, Citric Acid, Beet Juice Powder, Anti-caking agents (551), Stevia.

Kfibre contains NO artificial colours, flavours, preservatives or chemical stimulants.



NOTE: Kfibre should not replace a balanced diet of fruits. vegetables, wholegrains, nuts, seeds & legumes. One serve of this product is low in FODMAPs and can assist with following the Monash University Low FODMAP Diet™. A strict low FODMAP diet should only be commenced under the supervision of a healthcare professional. Monash University has assessed this product as being low in FODMAPs only.



NOTE: Kfibre should not replace a balanced diet of fruits, vegetables, wholegrains, nuts, seeds & legumes. One serve of this product is low in FODMAPs and can assist with following the Monash University Low FODMAP Diet™, A strict low FODMAP diet should only be commenced under the supervision of a healthcare professional. Monash University has assessed this product as being low in FODMAPs only.



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NOTE: Kfibre should not replace a balanced diet of fruits.